



TIMETABLE 2024

PRE-SCHOOL GYMNASTICS

Tuesday	Wednesday	Thursday	Friday	Saturday
Kinder Stars 4.5 y.o to 5.5 y.o 9:00am-10:00am	EGA Toddlers Walking to 3 y.o 9:45am-10:30am	Kinder Stars 4.5 y.o to 5.5 y.o 9:00am-10:00am	EGA Toddlers Walking to 3 y.o 9:45am-10:30am	Kinder Stars 4.5 y.o to 5.5 y.o 8:00am-9:00am
Bouncing Buddies Playgroup-All Ages 10:15am-12:15pm	Kinder Gym 3 y.o to 4.5 y.o 9:45am-10:30am	Bouncing Buddies Playgroup-All Ages 10:15am-12:15pm	Kinder Gym 3 y.o to 4.5 y.o 9:45am-10:30am	
Kinder Stars 4.5 y.o to 5.5 y.o 3:30pm-4:30pm	Kinder Stars 4.5 y.o to 5.5 y.o 9:45am-10:45am	Kinder Stars 4.5 y.o to 5.5 y.o 3:30pm-4:30pm	Kinder Stars 4.5 y.o to 5.5 y.o 9:45am-10:345m	

Eastern Gymnastics Academy

7-11 Allen Street, Waterloo NSW, 2017

Email: easterngymnasticsacademy@gmail.com

Phone: 0481286947

Web: www.easterngymnasticsacademy.com.au

2024 classes commence 29th January and conclude 21st December

Term 1: 29th Jan - 13th Apr

Term 2: 29th Apr - 6th Jul

Term 3: 22nd Jul - 28th Sep

Term 4: 14th Oct - 21st Dec

TIMETABLE 2024

RECREATION CLASSES (NON COMPETITIVE)

Monday

Beginner Recreation
Kindy to Yr 1
4:00pm-5:00pm

Intermediate Recreation
Yr 2 to Yr 3
4:00pm-5:30pm

Advance Recreation
Yr 4 to Yr 6
5:00pm-7:00pm

Teen Gym
High School Students
5:30pm-7:30pm

Adult Gymnastics
16+
7:00pm-8:30pm

Tuesday

Beginner Recreation
Kindy to Yr 1
3:30pm-4:30pm

Intermediate Recreation
Yr 2 to Yr 3
3:30pm-5:00pm

Kinder Stars
4.5 y.o to 5.5 y.o
3:30pm-4:30pm

Gym skills/Adv
Yr 3 to Yr 4
(Experienced)
4:30pm-6:30pm

Advance Recreation
Yr 5 to Yr 6
5:00pm-7:00pm

Adult Gymnastics
16+
7:00pm-8:30pm

Wednesday

Beginner Recreation
Kindy to Yr 1
4:00pm-5:00pm

Intermediate Recreation
Yr 2 to Yr 3
4:00pm-5:30pm

Advance Recreation
Yr 4 to Yr 6
5:00pm-7:00pm

Teen Gym
High School Students
5:30pm-7:30pm

Adult Gymnastics
16+
7:00pm-8:30pm

Thursday

Beginner Recreation
Kindy to Yr 1
3:30pm-4:30pm

Intermediate Recreation
Yr 2 to Yr 3
3:30pm-5:00pm

Kinder Stars
4.5 y.o to 5.5 y.o
3:30pm-4:30pm

Gym skills/Adv
Yr 3 to Yr 4
(Experienced)
4:30pm-6:30pm

Boys Gymnastics
All Ages
5:00pm-6:30pm

Advance Recreation
Yr 5 to Yr 6
5:00pm-7:00pm

Adult Gymnastics
16+
7:00pm-8:30pm

Friday

Beginner Recreation
Kindy to Yr 1
4:00pm-5:00pm

Intermediate Recreation
Yr 2 to Yr 3
4:00pm-5:30pm

Gym skills/Adv
Yr 3 to Yr 4
(Experienced)
5:30pm-7:30pm

Advance Recreation
Yr 5 to Yr 6
5:30pm-7:30pm

Saturday

Beginner Recreation
Kindy to Yr 1
8:00am-9:00am
9:00am-10:00am
10:00am-11:00am
11:00am-12:00pm

Intermediate Recreation
Yr 2 to Yr 3
9:00am-10:30am
10:30am-12:00pm

Gym skills/Adv
Yr 3 to Yr 4
(Experienced)
12:00pm-2:00pm

Advance Recreation
Yr 5 to Yr 6
12:00pm-2:00pm



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COMPETITIVE LEVELS (BY SELECTION ONLY)

Monday

Squad 1

1 Day per week
Kindy to Year 1
4:00pm-6:30pm

Squad 3

3 days per week
Year 2 to Year 3
4:00pm-7:00pm

Squad 5

4 days per week
4:00pm-7:30pm

Squad 7-10

4-5 days per week
4:00pm-8:00pm

Tuesday

Squad 2

2 days per week
Year 1 to Year 2
4:00pm-6:30pm

Pre-Squad 3

3 days per week
Yr 2 to Yr 3
4:00pm-6:30pm

Squad 3/4

3 days per week
Year 3 to Year 4
4:00pm-7:00pm

Squad 4

3 days per week
4:00pm-7:00pm

Senior Level 3-5 Novice Division

1-3 days per week
4:30pm-7:30pm

Squad 6

4 days per week
4:00pm-7:30pm

Wednesday

Squad 1

1 Day per week
Kindy to Year 1
4:00pm-6:30pm

Squad 3

3 days per week
Year 2 to Year 3
4:00pm-7:00pm

Squad 5

4 days per week
4:00pm-7:30pm

Squad 7-10

4-5 days per week
4:00pm-8:00pm

Thursday

Squad 2

2 days per week
Year 1 to Year 2
4:00pm-6:30pm

Pre-Squad 3

3 days per week
Yr 2 to Yr 3
4:00pm-6:30pm

Squad 3/4

3 days per week
Year 3 to Year 4
4:00pm-7:00pm

Squad 4

3 days per week
4:00pm-7:00pm

Senior Level 3-5 Novice Division

1-3 days per week
4:00pm-7:00pm

Squad 6

4 days per week
4:00pm-7:30pm

Squad 7-10

4-5 days per week
4:00pm-8:00pm

Friday

Squad 3

3 days per week
Year 2 to Year 3
4:00pm-7:00pm

Squad 5

4 days per week
4:00pm-7:30pm

Squad 6

4 days per week
4:00pm-7:30pm

Squad 7-10

4-5 days per week
4:00pm-7:30pm

Saturday AM

Squad 3/4

3 days per week
Year 3 to Year 4
8:00am-11:00am

Squad 5

4 days per week
7:30am-11:00am

Pre-Squad 3

3 days per week
Yr 2 to Yr 3
9:00am-11:30am

Squad 7-10

4-5 days per week
7:00am-11:00am

Saturday PM

Squad 1

1 Day per week
Kindy to Year 1
12:00pm-2:30pm

Squad 2

2 days per week
Year 1 to Year 2
12:00pm-2:30pm

Squad 4

3 days per week
11:30am-2:30pm

Senior Level 3-5 Novice Division

1-3 days per week
11:30am-2:30pm

Squad 6

4 days per week
11:00am-2:30pm



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