



# TIMETABLE 2024

## MORNING GYMNASTICS

Tuesday

**Kinder Stars**

4.5 y.o to 5.5 y.o  
9:00am-10:00am

**Bouncing Buddies**

Playgroup-All Ages  
10:15am-12:15pm

Wednesday

**EGA Toddlers**

Walking to 3 y.o  
9:45am-10:30am

**Kinder Gym**

3 y.o to 4.5 y.o  
9:45am-10:30am

**Kinder Stars**

4.5 y.o to 5.5 y.o  
9:45am-10:45am

Thursday

**Kinder Stars**

4.5 y.o to 5.5 y.o  
9:00am-10:00am

**Bouncing Buddies**

Playgroup-All Ages  
10:15am-12:15pm

Friday

**EGA Toddlers**

Walking to 3 y.o  
9:45am-10:30am

**Kinder Gym**

3 y.o to 4.5 y.o  
9:45am-10:30am

**Kinder Stars**

4.5 y.o to 5.5 y.o  
9:45am-10:345m

Saturday

**Kinder Stars**

4.5 y.o to 5.5 y.o  
8:00am-9:00am

**Eastern Gymnastics Academy**

7-11 Allen Street Waterloo 2017

**Email:** [easterngymnasticsacademy@gmail.com](mailto:easterngymnasticsacademy@gmail.com)

**Phone:** 0481286947

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**2024 classes commence 29th January and conclude 21st December**

# TIMETABLE 2024

## RECREATION CLASSES (NON COMPETITIVE)

### Monday

**Beginner Recreation**  
Kindy to Yr 1  
4:00pm-5:00pm

**Intermediate Recreation**  
Yr 2 to Yr 3  
4:00pm-5:30pm

**Advance Recreation**  
Yr 4 to Yr 6  
5:00pm-7:00pm

**Teen Gym**  
High School Students  
5:30pm-7:30pm

**Adult Gymnastics**  
16+  
7:00pm-8:30pm

### Tuesday

**Beginner Recreation**  
Kindy to Yr 1  
3:30pm-4:30pm

**Intermediate Recreation**  
Yr 2 to Yr 3  
3:30pm-5:00pm

**Kinder Stars**  
4.5 y.o to 5.5 y.o  
3:30pm-4:30pm

**Gym skills**  
Year 3  
(Experienced)  
4:30pm-6:30pm

**Advance Recreation**  
Yr 4 to Yr 6  
5:00pm-7:00pm

**Adult Gymnastics**  
16+  
7:00pm-8:30pm

### Wednesday

**Beginner Recreation**  
Kindy to Yr 1  
4:00pm-5:00pm

**Intermediate Recreation**  
Yr 2 to Yr 3  
4:00pm-5:30pm

**Advance Recreation**  
Yr 4 to Yr 6  
5:00pm-7:00pm

**Teen Gym**  
High School Students  
5:30pm-7:30pm

**Adult Gymnastics**  
16+  
7:00pm-8:30pm

### Thursday

**Beginner Recreation**  
Kindy to Yr 1  
3:30pm-4:30pm

**Intermediate Recreation**  
Yr 2 to Yr 3  
3:30pm-5:00pm

**Kinder Stars**  
4.5 y.o to 5.5 y.o  
3:30pm-4:30pm

**Gym skills**  
Year 3  
(Experienced)  
4:30pm-6:30pm

**Boys Gymnastics**  
All Ages  
4:30pm-6:00pm

**Advance Recreation**  
Yr 4 to Yr 6  
5:00pm-7:00pm

**Adult Gymnastics**  
16+  
7:00pm-8:30pm

### Friday

**Beginner Recreation**  
Kindy to Yr 1  
4:00pm-5:00pm

**Intermediate Recreation**  
Yr 2 to Yr 3  
4:00pm-5:30pm

**Gym skills**  
Year 3  
(Experienced)  
5:30pm-7:30pm

**Advance Recreation**  
Yr 4 to Yr 6  
5:30pm-7:30pm

### Saturday

**Beginner Recreation**  
Kindy to Yr 1  
8:00am-9:00am  
9:00am-10:00am  
10:00am-11:00am  
11:00am-12:00pm

**Intermediate Recreation**  
Yr 2 to Yr 3  
9:00am-10:30am  
10:30am-12:00pm

**Gym skills**  
Year 3  
(Experienced)  
12:00pm-2:00pm

**Advance Recreation**  
Yr 4 to Yr 6  
12:00pm-2:00pm



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# TIMETABLE 2024

## COMPETITIVE LEVELS (BY SELECTION ONLY)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday AM	Saturday PM
<b>Squad 1</b> 1 Day per week Kindy to Year 1 4:00pm-6:30pm	<b>Squad 2</b> 2 days per week Year 1 to Year 2 4:00pm-6:30pm	<b>Squad 1</b> 1 Day per week Kindy to Year 1 4:00pm-6:30pm	<b>Squad 2</b> 2 days per week Year 1 to Year 2 4:00pm-6:30pm	<b>Squad 3</b> 3 days per week Year 2 to Year 3 4:00pm-7:00pm	<b>Squad 3/4</b> 3 days per week Year 3 to Year 4 8:00am-11:00am	<b>Squad 1</b> 1 Day per week Kindy to Year 1 12:00pm-2:30pm
<b>Squad 3</b> 3 days per week Year 2 to Year 3 4:00pm-7:00pm	<b>Pre-Squad 3</b> 3 days per week Yr 2 to Yr 3 4:00pm-6:30pm	<b>Squad 3</b> 3 days per week Year 2 to Year 3 4:00pm-7:00pm	<b>Pre-Squad 3</b> 3 days per week Yr 2 to Yr 3 4:00pm-6:30pm	<b>Squad 5</b> 4 days per week 4:00pm-7:00pm	<b>Squad 5</b> 4 days per week 7:30am-11:00am	<b>Squad 2</b> 2 days per week Year 1 to Year 2 4:00pm-6:30pm
<b>Squad 5</b> 4 days per week 4:00pm-7:00pm	<b>Squad 3/4</b> 3 days per week Year 3 to Year 4 4:00pm-7:00pm	<b>Squad 5</b> 4 days per week 4:00pm-7:00pm	<b>Squad 3/4</b> 3 days per week Year 3 to Year 4 4:00pm-7:00pm	<b>Squad 6</b> 4 days per week 4:00pm-7:30pm	<b>Pre-Squad 3</b> 3 days per week Yr 2 to Yr 3 9:00am-11:30am	<b>Squad 4</b> 3 days per week 11:30am-2:30pm
<b>Squad 7-10</b> 4-5 days per week 4:00pm-8:00pm	<b>Squad 4</b> 3 days per week 4:00pm-7:00pm	<b>Squad 7-10</b> 4-5 days per week 4:00pm-8:00pm	<b>Squad 4</b> 3 days per week 4:00pm-7:00pm	<b>Squad 7-10</b> 4-5 days per week 4:00pm-7:30pm	<b>Squad 7-10</b> 4-5 days per week 7:00am-11:00am	<b>Senior Level 3-5                      Novice Division</b> 1-3 days per week 11:30am-2:30pm
	<b>Senior Level 3-5                      Novice Division</b> 1-3 days per week 4:30pm-7:30pm		<b>Senior Level 3-5                      Novice Division</b> 1-3 days per week 4:30pm-7:30pm			<b>Squad 6</b> 4 days per week 11:00am-2:30pm
	<b>Squad 6</b> 4 days per week 4:00pm-7:30pm		<b>Squad 6</b> 4 days per week 4:00pm-7:30pm			
			<b>Squad 7-10</b> 4-5 days per week 4:00pm-8:00pm			



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