

EGA SUMMARY CONDITIONS OF ENTRY

All participants and other persons agree to the conditions of entry set out below before entering EGA facility.

- ✓ Parents must scan in all gymnasts that enter the facility using the QR code. This includes Kinder class Parents as well.
- ✓ ONLY vaccinated adults can enter the gym. Indoor recreation facilities are closed to **unvaccinated** adults.
- ✓ Anyone over 16 must be fully vaccinated to enter the facility
- ✓ Masks for those over 12 must be worn at all times, unless performing strenuous activity (ie. masks on while warming up or prep, take a mask off to do floor tumbling, place mask back on while waiting for next turn).
- ✓ Must maintain safe distancing - 1 person per 4sqm
- ✓ Must maintain hygiene practises
- ✓ Must adhere to the policies and procedures set forth by EGA and follow all reasonable instructions when given.eg temperature checks prior to entry.
- ✓ You agree if your temperature is 38degrees and above you cannot enter the facility
- ✓ You agree that if you show common symptoms of COVID-19 you will be removed from training immediately.
- ✓ You agree to sanitise your hands thoroughly before entering the facility
- ✓ By attending a class or entering the gym you are to the best of your knowledge, healthy and able to participate safely.
- ✓ You agree that if I have been to NSW hotspot within the past 14 days that you will not enter the gym or participate in any classes.

COVID SAFE POLICIES & PROCEDURES

To be read in conjunction with EGA Terms & Conditions

Pick up and Drop Off

1. PARENTS please sign in your child using the QR code at the front door & rear door for competitive levels
2. EGA operates under closed door policy. We are a **DROP OFF & PICK UP** facility. NO congregating at front or rear doors
3. Only vaccinated Parents of Preschool classes are allowed to enter the gym after being scanned in via QR code
4. **Recreation gymnasts only** (not Parents) will line up at the **front** door on the dots. A Covidsafe Marshall will be assigned to collect gymnasts once the previous class has vacated to facilitate **one flow entry & exit via the FRONT door.**
5. Collection of Recreation gymnasts will be at the **front** door
6. **Competitive** gymnasts will enter via the **rear** door & be picked up at the rear door.
7. Parents/carers must collect gymnasts from the door as gymnasts are not permitted to cross the road or walk around in the carpark on their own

Classes

1. Start and finish times will be staggered so that limited athletes are finishing and starting at the same time.
2. 10 minutes has been allocated between all class start and finish times to prevent crowding in and around the Gym
3. Our gym floor area is 958m². This means we are permitted to have 100 people in the facility.
4. Class sizes are capped at 10 gymnasts.
5. Safe Distancing: Classes will not share have a space but will be rotated according to a set plan with equipment cleaning conducted after each class

Gymnasts

1. Must arrive 5 minutes earlier where possible to allow for screening & sanitation.
2. Anybody over the age of 16 must be fully vaccinated
3. Must arrive in gymwear/fresh clothing & not in school uniform.
4. All bags must be placed in allocated lockers at the rear for competitive gymnasts & shelves provided at the front door for recreational gymnasts
5. All drink bottles can be brought into the training area – must be clearly labelled with child's name.
6. Must all adhere to the no contact & safe distancing while in class - no high 5s, no hugs and minimal spotting.
7. All gymnasts must sanitise their hands prior to exit unless allergies noted
8. Attendance will taken prior to class commencement.
9. Temperature is to be checked prior to entry. Anyone who is sick or lives with someone sick will be asked to return home

Chalk & Grips

1. Competitive athletes wishing to use chalk are responsible for bringing their own or can purchase chalk from EGA
2. Chalk must be brought in an individual container or zip lock bag, clearly labelled with the athlete's name.
3. The container & grips must be brought to the gym and taken home at the end of each session.

Coaches

1. All Staff/Coaches are vaccinated
2. Coaches will wear masks at all times
3. Coaches are to ensure that EGA policies & procedures are adhered to at all times
4. Coaches are to maintain hygiene practices at all times
5. Minimal spotting of gymnasts and must sanitise their hands in between each athlete.
6. Lesson plans are designed to ensure safe distancing & hygiene practices can be adhered to. Avoid congregating at all times
7. Use minimal equipment where possible and ensure equipment is cleaned after each use.

Cleaning – additional information on website

1. Time will be allocated for cleaning of surfaces & equipment before & after classes each day

2. Equipment used must be cleaned in between athletes' usage.
3. Foam pits are out of bounds for now. Can only be used with cleanable mats placed on top of the foam.

PARENT GUIDE

Gymnastics NSW has provided a Family Handbook to help gymnastics families as they return to sport. Please visit our website to access this useful resource

For additional information on the best way to get proof of your COVID-19 vaccinations [click here](#)

We appreciate your support and patience during this time and look forward to welcoming you back soon 😊😊😊

Thankyou

EGA Team