



EGA HOLIDAY PROGRAM



Upon arrival, please sign in at the front desk and ensure that we have your contact numbers. Please advise us if your child has any allergies or medical condition or if there are any custodial arrangement in place that we need to be aware of. If any medication needs to be administered, please obtain a copy of the EGA Medication Policy and complete the form.

EGA is a drop off pick up facility which operates under a closed door policy. We do not have a viewing room or seating for parents in the gymnasium.

Group bookings will require the teacher/teachers to remain onsite to assist ensuring a 8:1 ratio of students

Please ensure that you have read & understand EGA Terms & Conditions before enrolling

What to wear?

Please make sure your child is wearing a leotard and bike shorts or just a leotard/full piece swimming costume. No loose clothing, watches, toys or any jewellery except sleeper earrings

What to expect on my arrival?

- On arrival students are to wait in the student area waiting area. No parents are to stand in the children zone (at the entrance of the gym)
- Shelves are provided to place shoes and socks or any piece of clothing which will not be worn during the lesson.
- Students will enter once the coach calls out their age group or class name.
- Students will place their drink bottles inside the gym on the "Drink bottle shelf"
- Students can also drink from our water fountain inside the gym

What to bring:

- Please pack morning tea, lunch and a bottle of water. Chilled water is available as well. Children are to wear suitable attire no jewellery or watches please .If you are coming on a park day, bring proper shoes and a hat.
- EGA is a nut free environment. Please do not send any nuts with your child.

Pick up

- Please assist us to ensure a smooth flow for gymnasts entering & leaving the training area by waiting either inside the centre, behind the orange bollards or at the front door (not in the student zone area)
- Students will collect their belongings and make their way to you.

- Please do not wait in the carpark for your child to come to you. You need to come into the centre to collect your child. Children are not to exit the premises after a class unless with a Parent/Carer. Please enforce this with your child as they are not allowed to leave the child zone if they do not see you (Parent/Carer).
- All children that are not picked up on time are required to wait in the office until you pick them up.

Late picks: Charges will be incurred for late pick up more than 15 minutes at \$15 for every 15 minutes.

- Please note: late fees will apply for pick-ups after finishing times. First 10 minutes \$15.00 and an extra \$15.00 for every 15 minutes subsequently.

- We look forward to having an exciting day full of games, gymnastics and fun!
If you have any questions, please don't hesitate in contacting us.

Daily activities varies:

Gymnastics: involves using all the apparatus in the gym e.g. bars, beam, floor, trampoline and vault. We work in circuits, learning the basic shapes but also working on rolls, handstands and cartwheels... all the fun stuff!

Park play: we bring some games and enjoy the fresh air at Waterloo Park down the road

Craft: every day we do a different craft activity e.g. jewellery making, plaster painting, bracelet making, mask creating

Team games: a fun fitness session with amazing team spirit. Skipping, jumping, climbing, running, rolling...

Mini Olympics: down at the park or in the gym – egg and spoon, 3-legged and sack races are just the beginning

Dance: shake those jazz hands and get ready to learn a new routine

Acrobatics: a form of gymnastics focusing on pair and group work, balances and tumbling
Spring/jump: using our air floor, trampoline, mini tramps and more we'll be bouncing and jumping all over the place

Other additional activities when available

Circus Skills: juggling, spinning plates, diablo, pyramids and balances, trapeze, silks and rope
Capoeira: is a Brazilian martial art that combines elements of dance, rhythm and music

Aerial Class: a class focused up high where children will learn skills on trapeze and aerial silks
Parkour: a very fun session focused on negotiating obstacles by running, jumping and climbing

Gym Warrior: inspired by our new favourite TV show Ninja Warrior (will be advised when available)

Any further questions, please do not hesitate to contact us at admin@ega.academy



EGA Terms & Conditions Summary – To be read in conjunction with EGA Terms & Conditions



By registering yourself or your child/ren in a class or holiday camp you acknowledge acceptance of these terms and conditions. Places in a class or holiday camp are **not transferable**. **No refunds** are available for holiday camp fees or adult classes

If you cannot be contacted in the case of illness or accident, you authorise us to seek any medical, hospital or ambulance services as we see fit and you agree to meet all expenses involved.

You acknowledge that gymnastics is a dangerous sport and carries inherent risks. EGA shall not be liable for any personal injury, damage to property, loss or liability suffered by any participant or any participant's parent or guardian arising from or in relation to the enrolment or participation in any EGA class due to any cause whatsoever unless caused by the proven negligence or wilful misconduct of EGA.

When attending holiday camps, your child may participate in other activities such as (without limitation) , dancing and playing in a public park, which involve anticipated and unanticipated risks. Neither EGA nor any third party supplying facilities or services in relation to these activities shall be liable for any personal injury, damage to property, loss or liability suffered by any participant arising from or in relation to these activities.

Always notify administration of any changes to medical details or emergency contact details for your child/children.

Participants who are suspected of having a contagious condition such as chicken pox, measles, conjunctivitis, head lice etc will not be able to participate, and parents will be notified to collect them.

EGA has a closed door policy. Parents/Carers or other are not allowed in the training area. Parent/Carers or other must not yell out or interfere with the classes being conducted. If you have any concerns, please see a staff member at reception, or the head coach at the end off the class.

No video or still photography. The flash may cause an injury and it is also against our member protection policy. During events, photography (**of your child only**) is permitted provided your flash is turned off.

EGA is a nut free zone - No Nut products permitted in the Gym as some children are highly allergic.

Children must not leave the building unless accompanied by a parent or Guardian. Please reinforce this rule with you child that if they cannot see you in the foyer they are to return to the office immediately. Your children are your responsibility when they are not training – both before and after their class.

You agree to EGA using photographs of you/your child for marketing and publicity purposes unless you explicitly request otherwise.

EGA reserves the right to refuse or terminate enrolment to any participant who poses a disciplinary problem or disrupts the learning or experience for other participants

EGA may amend these terms and conditions at any time in its discretion. Any changes will be effective immediately upon posting on the website.

Thankyou